

WRL Mentoring Program Overview

I. Program Overview

We R Listening, Inc. ("WRL") is a 501(c)(3) non-profit organization that mentors young women ages 13 to 22. The mentoring program consists of our community mentoring outreach program in schools, shelters, and at risk facilities and our *e*-mentoring program where we mentor young women virtually.

We R Listening's mentors focus on personal development by incorporating a fun, interactive, and well-rounded curriculum of workshops into the mentoring sessions while also providing friendship, compassion, support and advice with personal experiences and challenges on topics such as school difficulties, career guidance, relationship advice, financial matters, family issues, education, and current events, just to name a few.

The mentoring curriculum consists of the following workshops: self-esteem building, career development, leadership skills, financial health, and social media safety and branding.

Throughout the year, We R Listening provides school supplies to low-income schools, delivers toiletries to shelters that house young women and their children, hosts various awareness events that target important causes that affect the youth, and more.

II. Mentoring Programs

- A. **Community Mentoring Outreach Program**: Our mentoring program provides mentoring to young women in schools, shelters, and at risk facilities.
- B. **E-mentoring Program**: Our E-mentoring program provides a secure virtual community where supportive women and young women connect. Mentoring takes place virtually for one hour per week. It's a free, convenient, flexible, private and confidential mentorship. Young people utilize the internet and their cell phones now more than ever and We R Listening's mentors meet them at their comfort zone, to give them a positive and effective experience in the e-mentoring program.

III. WRL Mission

Our mission is to mentor and unlock the potential in every young woman we mentor. We accomplish this by building the mentee's confidence and self-esteem and help them to

develop a positive perception of themselves so they can improve in their interpersonal relationships, excel in their academics and make better life decisions.

IV. WRL Vision

Listen
Inspire
Share
Teach
Empower
Nurture
Involve
Notice
Give back

V. Mentee Eligibility Requirements

Mentee Eligibility Requirements:

- 13 22 years old
- Female
- Demonstrate a desire to participate in the mentoring program and be willing to abide by all WRL mentoring program policies and procedures
- Have access to the internet or cell phone
- Have a personal email account
- Commit to spending one hour per week online with a mentor
- Be able to obtain parental/guardian permission and ongoing support to participate in the program (if under 18 years of age)
- Agree to a minimum of a 6 month commitment in the program with the option of an extension to a 1 year commitment